

Marshall County Schools

Three Week Cycle Menu 2017-2018




Breakfast Served in the Cafeteria - Middle and High Schools

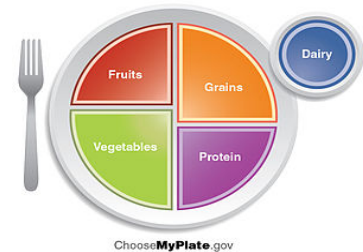
The following items will also be offered daily. Students may select one item from each group of items.

- Whole Grain Cereal- Variety
- Strawberry/Banana, Cherry or Raspberry Yogurt
- Assorted Fresh or Canned Fruits
- 100% Fruit Juice Variety
- Two Varieties of Fat Free or Low Fat Milk

At A Minimum Each Student Must Select:
1/2 Cup of Fruit or Fruit Juice
 and
Two Other Items
 As a Maximum the most a student may select is one of each item in each group of items.

Revised Nov 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bar - Variety Cocoa Puffs, Apple Cinnamon, Trix or Cinnamon Toast Crunch Mozzarella Cheese stick	Stuffed Cheddar Cheese Pretzel Stick	Pancake on a Stick	Scrambled Eggs Toast	Chicken Slider 
Breakfast Week One				
Churros Apple or Raspberry	Egg & Cheese Slider 	Pillsbury Bagles - Strawberry or Or Cinnamon Cream Cheese	Cinni Mini Pull Apart Rolls	Granola Bites Mozzarella Cheese stick
Breakfast Week Two				
Egg and Cheese Omelet Toast	Breakfast Pizza	Sausage & Egg Biscuit	Breakfast Breads - Variety Zucchini, Banana, or Cinnamon Slices	Frudel Apple or Cherry 
Breakfast Week Three				



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